

# Opening Times

From 1st October 2016

Monday	5.00pm - 10.00pm
Tuesday	5.00pm - 10.00pm
Wednesday	5.00pm - 10.00pm
Thursday	5.00pm - 10.00pm
Friday	5.00pm - 8.00pm
Saturday	8.30am - 1.00pm
Sunday	CLOSED

Group Fitness	Spin - Tuesday 6.30pm - 7.15pm
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For more information visit [www.ssleisure.co.uk](http://www.ssleisure.co.uk)  
or call 01473 823470