

Swim Timetable – School Term Time

	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
Mon		Casual Swim			Schools		Casual Swim			Swim School			Casual Swim 3 Lanes		Hadleigh Swim Club		
Tue		Casual Swim			Aqua Tots	Schools	Casual Swim			Schools	Adults Only *	Swim School		Casual Swim			
Wed		Casual Swim	Aqua Aerobics *	Casual Swim 2 Lanes 13.00-14.00						Disabled Swim 💧	Casual Swim 2 Lanes 19.00-19.30			Hadleigh Swim Club			
Thu		Casual Swim		Aqua Aerobics *	Casual Swim				Schools		Swim School			Aqua Aerobics*	Casual Swim		
Fri		Casual Swim	Aqua Aerobics *	Schools		Casual Swim 2 lanes 16.00-17.30					Hadleigh Swim Club		Casual Swim	Adults Only *			
Sat		Casual Swim	Swim School				Casual Swim	CLOSED	Inflatable Fun Session ● 13.15-14.45	CLOSED	Party Hire / Private Hire		Party Hire / Private Hire				
Sun			Casual Swim	Swim School	Fun Session ▼		Casual Swim					Hadleigh Swim Club					

Key

★ Adults only (16yrs +)

💧 Big Splash Session

▼ Boards

● All ages are welcome to this session. All under 16's are required to wear a life vest which will be supplied by the pool. It is advisable for any person attending the inflatable session to wear a t-shirt underneath the life vest.

Please view centre rules & swimming information on our website. All children under 8 must be supervised by a parent or adult (16yrs +) in the pool or centre at any one time. Ratio 2:1

We reserve the right to amend our timetable without prior notice for one to one swimming lessons and lifeguard competency assessments.

Swim Timetable – School Holiday Times

	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
Mon	Casual Swim			Swim School	Inflatable Fun Session ● 10.30-11.45	CLOSED	Casual Swim	Fun Session ▼	Swim School	Casual Swim 3 Lanes	Hadleigh Swim Club						
Tue	Casual Swim			Swim School	Fun Session ▼	Casual Swim	Fun Session ▼	Swim School	Casual Swim								
Wed	Casual Swim	Aqua Aerobics*	Swim School	Adults Only*	Casual Swim 11.30-13.15	CLOSED	Inflatable Fun Session ● 13.30-15.00	CLOSED	Casual Swim 15.15-19.00 2 Lanes 19.00-19.30	Hadleigh Swim Club							
Thu	Casual Swim	Aqua Aerobics*	Swim School	Disabled Swim	Casual Swim	Fun Session ▼	Swim School	Aqua Aerobics*	Casual Swim								
Fri	Casual Swim	Aqua Aerobics*	Swim School	Fun Session ▼	Casual Swim	Fun Session ▼	Casual Swim 2 Lanes	Hadleigh Swim Club	Casual Swim	Adults Only*							
Sat	Casual Swim	Swim School				Casual Swim	CLOSED	Inflatable Fun Session ● 13.15-14.45	CLOSED	Party Hire / Private Hire	Party Hire / Private Hire						
Sun		Casual Swim	Swim School	Fun Session ▼	Casual Swim			Hadleigh Swim Club									
Bank Holidays	Family Funtime ▼																

