

# Easter Opening Hours



## Kingfisher Leisure Centre

<b>Good Friday 19th April</b>	
<b>POOL</b>	
10.30-16.30	Family Fun Session
<b>GYM OPEN</b>	09.00-16.30
<b>EXERCISE CLASSES</b>	
08.30-09.00	Les Mills GRIT
09.05-09.50	Group Cycling
10.00-11.00	Les Mills Body Pump
11.00-12.00	Yoga
<b>Saturday 20th April</b>	
<b>POOL</b>	
Normal Holiday Hours	
<b>GYM OPEN</b>	07.00-16.30
<b>EXERCISE CLASSES</b>	
08.30-09.00	Les Mills GRIT
09.00-10.30	Karate
10.30-11.30	Les Mills Body Balance
<b>Easter Sunday 21st April</b>	
<b>POOL</b>	
Family Fun Session	
<b>GYM OPEN</b>	09.00-16.30
<b>EXERCISE CLASSES</b>	
10.30-11.30	Yoga
<b>Easter Monday 22nd April</b>	
<b>POOL</b>	
Family Fun Session	
<b>GYM OPEN</b>	09.00-16.30
<b>EXERCISE CLASSES</b>	
08.30-09.00	Les Mills GRIT
09.05-09.50	Group Cycling
10.00-10.45	Les Mills Body Pump
10.45-11.15	CXWORX
11.15-12.00	Clubbercise
12.00-13.00	Pilates

Little Kingfishers is open 10.00-16.00 every day over the Easter weekend 19th April - 22nd April

## East Bergholt Sports Centre

<b>Good Friday 19th April</b>	
<b>GYM</b>	08.00-12.00
<b>EXERCISE CLASSES</b>	
09.00-09.00	HIIT
<b>Saturday 20th April</b>	
<b>GYM</b>	
Normal Holiday Hours	
<b>EXERCISE CLASSES</b>	
09.00-10.00	Bootcamp
<b>Easter Sunday 21st April</b>	
<b>GYM</b>	Closed
<b>EXERCISE CLASSES</b>	
Closed	
<b>Easter Monday 22nd April</b>	
<b>GYM</b>	08.00-12.00
<b>COURTS</b>	
09.00-10.00	Body Tone

## Holbrook Sports Centre

<b>Good Friday 19th April</b>	
<b>GYM OPEN</b>	08.00-13.00
<b>Saturday 20th April</b>	
<b>GYM OPEN</b>	08.15-15.45
<b>Easter Sunday 21st April</b>	
<b>GYM OPEN</b>	08.15-13.00
<b>Easter Monday 22nd April</b>	
<b>GYM OPEN</b>	08.00-13.00

## Hadleigh Pool & Leisure

<b>Good Friday 19th April</b>	
<b>POOL</b>	
06.30-14.30	Casual Swim
<b>GYM OPEN</b>	06.30-14.30
<b>EXERCISE CLASSES</b>	
09.00-09.30	Bender Ball Conditioning
09.30-10.30	Les Mills Body Pump
10.30-11.15	Clubbercise
<b>Saturday 20th April</b>	
<b>POOL</b>	
Normal Holiday Hours	
<b>GYM OPEN</b>	06.30-16.30
<b>EXERCISE CLASSES</b>	
08.00-08.30	Les Mills GRIT
08.30-09.00	Kettlecise
<b>Easter Sunday 21st April</b>	
<b>POOL</b>	
08.00-14.00	Casual Swim
<b>GYM OPEN</b>	08.00-14.00
<b>Easter Monday 22nd April</b>	
<b>POOL</b>	
06.30-14.30	Casual Swim
<b>GYM OPEN</b>	06.30-14.00
<b>EXERCISE CLASSES</b>	
08.30-09.00	Les Mills GRIT
09.00-10.00	Circuits

## Sudbury Sports Centre

<b>Good Friday 19th April</b>	
<b>GYM</b>	Closed
<b>COURTS</b>	
Closed	
<b>Saturday 20th April</b>	
09.00-17.00	Gym Open
09.00-17.00	Courts Open
<b>Easter Sunday 21st April</b>	
<b>GYM</b>	Closed
<b>COURTS</b>	
Closed	
<b>Easter Monday 22nd April</b>	
<b>GYM</b>	Closed
<b>COURTS</b>	
Closed	

## Hadleigh High Leisure Centre

<b>Good Friday 19th April</b>	
<b>GYM</b>	Closed
<b>Saturday 20th April</b>	
<b>GYM</b>	Closed
<b>Easter Sunday 21st April</b>	
<b>GYM</b>	Closed
<b>Easter Monday 22nd April</b>	
<b>GYM</b>	Closed

