

Opening Times

Term Time

Monday	5.00pm – 10.00pm
Tuesday	5.00pm – 10.00pm
Wednesday	5.00pm – 10.00pm
Thursday	5.00pm – 10.00pm
Friday	5.00pm – 10.00pm
Saturday	9.00am – 5.00pm
Sunday	9.00am – 2.00pm
Bank Holidays	Closed

School Holidays

Monday	2.00pm – 10.00pm
Tuesday	2.00pm – 10.00pm
Wednesday	2.00pm – 10.00pm
Thursday	2.00pm – 10.00pm
Friday	2.00pm – 10.00pm

Group Fitness Classes

Heart Buddies	Tuesday	6.30pm
Clubbercise	Tuesday	7.30pm
Yoga	Wednesday	6.30pm
CXworx	Thursday	5.45pm
BodyBalance	Thursday	6.15pm

For more information visit www.ssleisure.co.uk
or call 01787 373132
Out of hours please call 01473 823470